



424 Grey Street, London Ontario. N6B 1H3

## **What we do**

### **Seminars:**

Seminars are professionally structured with the individuals in mind and are presented tastefully with scriptures and Models that guide, guard and groom the heart while providing participants with pleasant alternatives for identifying the soul from God's perspective through Holy Spirit's guidance.

### **Workshops:**

Workshops are painstakingly and sensitively designed to meet the need of each participant. Balanced in an atmosphere of fun, education and professionalism, participants are presented with eye-opening strategies to work through their issues in manageable ways and develop life-enhancing skills that are second to none.

## **Group Counselling**

Whether the problems are marriage, work, personal, sexual, emotional, interpersonal, conflict resolution, psychological or spiritual; Delta's Counselling experience and strategies open the doors to Godly, workable tools that reduce stressors, fear, anxiety, shame, blame and any hindrance that blocks the participants views and perspectives on themselves and on life as a whole.

## **Individual Counselling**

Designed through the guidance from Holy Spirit each session is a step by step process that is meant to facilitate Counselees toward identifying self and caring for self from Godly wholesome dimensions. Presented in a homey, safe, friendly and confidential atmosphere participants are supported to find their way through any type of "maze" into renewed celebrations of themselves and life.